

	月				火				水				木				金				土				日							
	A	B	C	D	A	B	C	D	A	B	C	D	A	B	C	D	A	B	C	D	A	B	C	D	A	B	C	D				
9:00																					8:30~10:00											
10:00																					初中級①	9:00~10:00							9:00~10:30			
11:00	10:00~11:30	10:00~11:30			10:00~11:30	10:00~11:30			10:00~11:30	10:00~11:30			10:00~11:30	10:00~11:30			10:00~11:30	10:00~11:30			10:00~11:30	10:00~11:30	9:00~12:00		10:00~11:30	10:00~11:30			10:30~12:00			
12:00	11:40~13:10	11:40~13:10			11:40~13:10	11:40~13:10			11:40~13:10	11:40~13:10			11:40~13:10	11:40~13:10			11:40~13:10	11:40~13:10			11:30~13:00	11:30~13:00			11:30~13:00	11:30~13:00						
13:00																					13:00~14:00	13:00~14:00			13:00~14:00	13:00~14:00						
14:00	月曜日同好会 13:20~15:20 どなたでも参加できます				火曜日同好会 13:20~14:50 13:30~15:30 初心者・初級レベルの方対象				13:20~14:50 13:20~14:50				13:20~14:50 13:20~14:50				13:20~14:50 13:20~14:50				13:20~14:50 13:20~14:50				13:20~14:50 13:20~14:50							
15:00																					14:00~15:30	14:00~15:30			14:00~15:30	14:00~15:30						
16:00		15:30~17:00																			15:30~17:00	15:30~17:00			15:30~17:00	15:30~17:00						
17:00	17:00~18:30																				16:30~17:30	16:30~17:30			16:30~17:30	16:30~17:30						
18:00	ソフトテニスB																				17:30~18:30	17:30~18:30			17:30~18:30	17:30~18:30						
19:00	18:00~20:00				18:00~20:00				18:00~20:00				18:00~20:00				18:00~20:00				18:00~19:30	18:00~19:30			18:00~19:30	18:00~19:30						
20:00	18:00~20:00				18:30~20:00				18:30~20:00				18:30~20:00				18:30~20:00				18:00~19:30	18:00~19:30			18:00~19:30	18:00~19:30						
21:00	20:10~21:30	20:10~21:30	20:00~21:30		20:10~21:30	20:10~21:30			20:10~21:30	20:00~21:30	20:00~21:30		20:10~21:30	20:00~21:30	20:00~21:30		20:10~21:30	20:00~21:30	20:00~21:30		20:10~21:00	20:10~21:00			20:10~21:00	20:10~21:00						
22:00																																

2026/4月  
タイムスケジュール

